

## SIGNS/SYMPTOMS

Dancer or Staff Member is showing signs of COVID-19

#### **STAY HOME**

Dancer or Staff Member should stay home.

## QUARANTINE

Without a test, a dancer or staff member must stay home for minimum of 10 days since symptoms first appeared AND fever free for 24 hours without fever-reducing medications AND symptoms have improved.

## NEGATIVE

**GET TESTED** 

Get tested to

confirm if you

are positive

for COVID-19

## TEST

Dancer or Staff Member was tested for Covid-19 & had negative test results

## POSITIVE TEST

Dancer or Staff Member was tested for COVID-19 & had Positive test results

# POSITIVE TEST/COMFIRMED EXPOSURE

Dancer, Staff Member, or a close contact\* have tested positive for COVID-19

#### Dancer/Staff Member

Dancer or Staff Member was tested for COVID-19 & had Positive test results

#### CLOSE CONTACT\*

A close contact of your dancer or staff member has tested positive

## CONTACT US

See contact info below

#### QUARANTINE

See below requirements

## QUARANTINE

See below requirements

## **NEGATIVE TEST**

Dancer or Staff Member was tested for Covid-19 & had negative test results

# IF POSITIVE

#### YOU MAY RETURN TO TTT WHEN\*\*

#### IF POSITIVE DIAGNOSIS WITH SYMPTOMS

 Quarantine at least 10 days since symptoms first appeared AND
 At least 24 hours with no fever without fever-reducing medication AND
 Symptoms have improved

#### IF POSITIVE DIAGNOSIS WITHOUT SYMPTOMS

10 days have passed since the positive test IF dancer or staff member never experienced symptoms. If symptoms appear, refer to symptomatic protocol above.

## RETURN TO TTT!

After negative test result and/or quarantining for a minimum of 10 days, dancer or staff member can return to in-studio classes

#### **CONTACT INFO:**

tiptaptoe@yahoo.com 707.373.7584

## Communication Regarding a Positive Test:

TTT will notify by email the dancers/faculty member(s) who were present and potentially exposed to a confirmed positive dancer/faculty member as soon as possible but no longer than 12 hours after we have been notified. Due to HIPAA privacy laws, we will not share the dancer's/teacher's name or any identifying details. We will conduct an immediate thorough sanitization of the studio and any common areas where this dancer or staff member could have been. This cleaning will be in addition to the enhanced sanitation practices that already precede and follow each class. Any additional issues will be handled on a case-by-case basis such as class cancellations or converting the class to virtual.

## COVID-19 PROTOCOL

## **POSSIBLE EXPOSURE**

Dancer or Staff Member may have been exposed to COVID-19 by a close contact. This person has been tested for COVID-19 & is awaiting test results

#### **STAY HOME**

Dancer or Staff Member should be kept home & monitored for signs/symptoms while awaiting Covid-19 test results if they were in close contact with a person who is awaiting Covid-19 test results

## **GET TESTED**

Get tested to confirm if you are positive for Covid-19

## QUARANTINE

Without a test, a dancer or staff member must stay home for minimum of 10 days since symptoms first appeared AND fever free for 24 hours without fever-reducing medications AND symptoms have improved.

#### **POSITIVE TEST**

Dancer or Staff Member was tested for Covid-19 & had Positive test results

## NEGATIVE TEST

Dancer or Staff Member was tested for Covid-19 & had Negative test results

## **RETURN TO TTT!**

After 10 days of no symptoms and/or a negative test result, dancer or staff member can return to in-studio classes.

PLEASE NOTE: Please do not attend in-person classes if you are placed under quarantine for any reason. This includes but is not limited to a quarantine recommended by/from your school/class, sporting activity, religious community, and/or a physician's recommendation. Please stay home until your quarantine is lifted by the appropriate authority and you've met the criteria outlined in this chart for safely returning to TTT.

- \*A close contact is defined as someone who lives in your household or someone you with whom you have spent an extended amount of time in close contact.
- \*\*These are CDC guidelines at time of publication. Subject to change if CDC recommendations change.